

CYBA INFORMATION

The mission of the Calaveras Youth Basketball Association is to build, through a balanced program of practice and real game experience, a higher level of skills, health, sportsmanship, and enthusiasm for the sport of basketball in Calaveras County for youth of all abilities.

Basic Rules and Guidelines

Age 6-7 (as of Jan 1 of current season)	1 hour sessions with 5-6 minute quarters	Youth Ball 27.5"	8'6" rim	Lower gym with 1 score keeper and 1-2 referees
Age 8-9 (as of Jan 1 of current season)	1 hour session with 5-6 minute quarters	Youth Ball 27.5"	10' rim	Lower gym with 1 score keeper and 2 referees
Age 10-11 (as of Jan 1 of current season)	1 hour 15 minute session with 6-7 minute quarters	Intermediate ball 28.5"	10' rim	Upper gym with 1 scorekeeper and 2 referees
Age 12-14 (as of Jan 1 of current season)	1 hour 15 minute session with 6-7 minute quarters	Intermediate ball 28.5"	10' rim	Upper gym with 1 scorekeeper and 2 referees

Halftime: 5 minutes for all age groups (may be adjusted to keep on time for upcoming games)

Proper Registration and Attire Rule: In order to participate in practice or games, players must be properly registered with the CYBA and in proper attire including (issued) uniform, shorts, and basketball shoes that are clean and in good condition for safe play. No hats or jewelry are allowed.

Coach's Rule: All coaches shall support the mission of the CYBA by providing a POSITIVE and ENCOURAGING environment for the players and the REFEREES. The referees are KIDS themselves that are not formally trained as officials and are working to improve every week just as the players are. Coaches and parents need to refrain from abusive verbal comments to players and officials, constantly questioning and complaining about the officiating, and shall remain on the sideline during play. Concerns about officiating, gameplay, or coaches shall be directed to CYBA board members, specifically Matt Roggow or Josiah Lozano. Warnings will be provided but continued unprofessional behavior will not be tolerated with consequences being removal from the game or possibly being excused from your position as coach.

Everyone plays rule: Players shall play equally through the course of the season, regardless of their ability. This means that at the end of the season, all players should have played approximately the same number of quarters, assuming they made it to the same number of games. On a weekly basis the following guideline should be used by coaches:

5 players present – each plays 4 quarters

6 players present – 2 players play 4 quarters, 4 play 3 quarters

7 players present – 6 players play 3 quarters, 1 plays 2 quarters

8 players present – 4 players play 3 quarters, 4 play 2 quarters

9 players present – 7 players play 2 quarters, 2 play 3 quarters

10 players present – each plays 2 quarters

No Zone Defense Rule: Teams shall use “man to man” defense in which each player is assigned to guard a player on the opposing team. At the beginning of play (start of game and between quarters) each player should be instructed to match up with a player on the opposing team, preferably of similar size. Zone defense is not allowed.

No Backcourt Press Rule: Teams shall not use a backcourt press on defense. Once the defensive team has gained possession of the ball (rebound, steal, inbounds, etc) the other team shall immediately move to the opposite side of the mid court line before playing defense.

****For ages 6-7 and 8-9, the defending team shall move back to the yellow/orange line which is slightly further back than midcourt****

Lopsided Game Rule: When a game score becomes lopsided (for example 20 points) the coach of the leading team needs to adjust the offensive strategy to minimize the score differential. This doesn't mean you have to stop playing the game. Have the better players pass more and let the more inexperienced players have more opportunity to dribble and shoot. This is a good opportunity to build the ability of the less skilled kids on the team.

Points on Fouls Rule: A player shall be awarded 2 points when they are fouled on a missed shot. A player shall be awarded 3 points when they are fouled on a made shot.

Technical Foul Rule: A technical foul will be assessed to any player who uses profanity, emotionally or physically out of control, or verbally abusive to a player, parent, referee, coach, or official of the CYBA. Such player will be removed from the game.

Five Fouls Rule: A player who receives his or her 5th foul will be removed from the game. If the team only has 5 players, the player may remain in the game, but each subsequent foul will award the opposing team 2 points regardless if it is a shooting foul or not.

No Timeouts Rule: Because of the limited time for games, no timeouts are allowed except for injury timeouts called by referees.

Substitution Rule: Substitutions are only allowed in the middle of the fourth quarter for the purpose of providing equal playing time. This will happen only on dead ball situations (foul, out of bounds).

Backcourt violation: Due to the rule of no backcourt press (see above) the offensive team shall not intentionally slow down the run down the clock for a strategic advantage. There will be a 10 second backcourt violation if it is deemed by the referees that the coach or players are intentionally slowing down the game to get a competitive advantage.

Progressive Rules Rule: The rules above are intended to modify and complement the current National Federation of High School basketball rules. All other NFHS rules apply. The more technical rules of basketball may be applied by the referees on a progressive basis through the age brackets and through the season.

Any player, parent, or coach who observes instances of violation of the above rules, that is not noticed or appropriately dealt with by the referees, is encouraged to report the issue to a CYBA Board member for follow up action. We all need to work together to make the CYBA experience a memorable and positive one. Everyone is doing their best and want to have good experiences for the parents, players, and coaches. We thank you for your support.